

Festiwal Biegów - Bieg 7 Dolin, 2013-09-07

Dystans: 36km

| Mce | Nr | Nazwisko Imię | Miejscowość | Team | Rok | 22km | Wynik | K | M |
|-----|------|------------------------|--------------------|----------------------------|------|----------|----------|---|----|
| 1 | 1686 | MIKA OSKAR | Bydgoszcz | Kb Lapka | 1979 | 01:52:06 | 03:03:50 | | 1 |
| 2 | 1366 | POCIECHA PIOTR | Jelna | Visegrad Maraton Rytro / U | 1988 | | 03:06:00 | | 2 |
| 3 | 1702 | LEŚNIAK PIOTR | Tymbark | WKS Wawel Kraków sekcja Bn | 1987 | 01:52:07 | 03:07:57 | | 3 |
| 4 | 1690 | KUCZEWSKI TOMASZ | Mielec | | 1970 | 01:54:55 | 03:09:48 | | 4 |
| 5 | 5392 | BIELAK DAREK | Limanowa | Ks LimanowaForrest | 1987 | 01:53:18 | 03:15:48 | | 5 |
| 6 | 1734 | POCIASK KONRAD | Dębica | KB maratończyk dębica | 1985 | 02:03:13 | 03:22:12 | | 6 |
| 7 | 1765 | GOLBA ANDRZEJ | Brenna | Brenna | 1983 | 01:58:41 | 03:23:24 | | 7 |
| 8 | 1665 | LEWANDOWSKI BARTHOMIEJ | Warszawa | | 1977 | 01:59:40 | 03:24:50 | | 8 |
| 9 | 1609 | ZIELEZIECKI WOJCIECH | Kraków | | 1987 | 02:05:06 | 03:28:28 | | 9 |
| 10 | 744 | KORZENIOWSKI TOMASZ | Siedlce | Yulo Run Team Siedlce | 1985 | 01:57:31 | 03:28:59 | | 10 |
| 11 | 1698 | CHMIELOWIEC TOMASZ | Lubin | MTS DRUŻYNA SZPIKU KGHM | 1973 | 02:06:01 | 03:29:51 | | 11 |
| 12 | 1745 | DUŚ ARTUR | Chorzów | KOMPANIA WĘGLOWA S.A. | 1972 | 01:58:35 | 03:29:51 | | 11 |
| 13 | 671 | KOCIERZ PIOTR | Żywiec | KS HALNY Węgierska Górka | 1975 | 02:09:37 | 03:32:07 | | 13 |
| 14 | 1684 | GAJKOWSKI BARTOSZ | Kraków | TRAIL TEAM | 1985 | 02:04:19 | 03:32:20 | | 14 |
| 15 | 1377 | GRAMS KRZYSZTOF | Łódź | | 1981 | 02:06:47 | 03:32:34 | | 15 |
| 16 | 1623 | PAJDOSZ RAFAŁ | Biała Podlaska | KB Biła Biega | 1977 | 02:06:32 | 03:32:36 | | 16 |
| 17 | 1763 | STASZEWSKI WOJCIECH | Warszawa | Kancelaria Sportowa Stasze | 1967 | 02:09:31 | 03:32:55 | | 17 |
| 18 | 1480 | PODSADOWSKI ZBIGNIEW | Gorlice | Ambasador Festiwalu Biegow | 1972 | 02:05:00 | 03:33:22 | | 18 |
| 19 | 1616 | MIŁOTA MACIEJ | Bielsko-Biała | | 1962 | 02:08:14 | 03:34:45 | | 19 |
| 20 | 1762 | KOMISARZ TOMASZ | | | 1983 | 02:11:43 | 03:35:13 | | 20 |
| 21 | 1622 | RZESZUTKO RAFAŁ | Warszawa | UNIQA Runners | 1986 | 02:08:23 | 03:37:40 | | 21 |
| 22 | 1471 | SZCZOT ANDRZEJ | Wrocław | Pasterka Camp/GB Wroclawsk | 1976 | 02:06:58 | 03:38:07 | | 22 |
| 23 | 1407 | SZYMEL MICHAŁ | Łańcut | | 1986 | 02:11:00 | 03:38:14 | | 23 |
| 24 | 1632 | LICHOŃ TOMASZ | Dobczyce | Dobczycki Klub Biegacza | 1974 | 02:08:52 | 03:38:26 | | 24 |
| 25 | 1753 | KOWALCZE STANISIAW | Spytkowice | TC Orzeł Rabka Zdrój | 1960 | 02:08:29 | 03:39:49 | | 25 |
| 26 | 1673 | KRAJEWSKI WOJTEK | Konstantynów Łódzk | | 1971 | 02:13:35 | 03:41:38 | | 26 |
| 27 | 1545 | MZYK GRZEGORZ | Lędziny | 40-LATEK TYCHY | 1975 | 02:08:48 | 03:41:42 | | 27 |
| 28 | 1688 | HAJDUK PIOTR | Kraków | | 1987 | 02:06:05 | 03:42:00 | | 28 |
| 29 | 1729 | WALTER SŁAWOMIR | Nowy Sącz | WB | 1964 | 02:09:43 | 03:43:27 | | 29 |
| 30 | 398 | PIECUCH MARCIN | Warszawa | | 1983 | 02:09:34 | 03:44:24 | | 30 |
| 31 | 1424 | ZABROCKI ADAM | Bydgoszcz | | 1977 | 02:10:51 | 03:44:32 | | 31 |
| 32 | 1720 | STACHOWIAK ŁUKASZ | Poznan | STR Poznań | 1986 | 02:11:40 | 03:44:39 | | 32 |
| 33 | 1751 | ROMANKIEWICZ MACIEJ | Warszawa | | 1984 | 02:10:34 | 03:45:00 | | 33 |
| 34 | 1750 | KOGUT RAFAŁ | Warszawa | | 1985 | 02:10:33 | 03:45:01 | | 34 |
| 35 | 1469 | ŚWIDA DARIUSZ | Sosnowiec | Endorfiny Wadowice | 1965 | 02:10:35 | 03:46:15 | | 35 |
| 36 | 1479 | BERKOWICZ KRZYSZTOF | Nowy Sącz | WB | 1982 | 02:12:37 | 03:46:22 | | 36 |
| 37 | 814 | KWIATKOWSKA DOROTA | Warszawa | Trailteam | 1981 | 02:12:50 | 03:46:57 | 1 | |
| 38 | 1360 | SZCZUDŁO DIONIZY | Dębica | | 1978 | 02:15:02 | 03:48:01 | | 37 |
| 39 | 1711 | PIEKARCZYK MICHAŁ | Mszana Dolna | JMsport | 1988 | 02:19:07 | 03:50:18 | | 38 |
| 40 | 1432 | JUCHA MICHAŁ | Łódź | rysioteam | 1976 | 02:11:30 | 03:51:13 | | 39 |
| 41 | 1718 | NAWIEŚNIAK JAN | Mszana Dolna | JM Sport Team | 1983 | 02:19:06 | 03:52:08 | | 40 |
| 42 | 1671 | WYDRA PAULINA | Warszawa | | 1980 | 02:22:44 | 03:52:22 | 2 | |
| 43 | 1738 | DUTKIEWICZ DARIUSZ | Krynica Zdrój | GOPR KRYNICA | 1987 | 02:12:06 | 03:53:55 | | 41 |
| 44 | 1721 | ŚLIWIŃSKI PAWEŁ | Miechów | | 1986 | 02:25:32 | 03:54:42 | | 42 |
| 45 | 1741 | WAJEROWSKI KRZYSZTOF | Oleśnica | KB Lupus Oleśnica | 1979 | 02:11:55 | 03:54:48 | | 43 |
| 46 | 1650 | WULCZYŃSKI RAFAŁ | Czeladź | | 1984 | 02:23:15 | 03:54:56 | | 44 |
| 47 | 1376 | GRZESZCZYK BARTOSZ | Warszawa | Festiwal Biegowy / Klub Bi | 1988 | 02:16:58 | 03:55:21 | | 45 |
| 48 | 1736 | MENDYK MIROSLAW | Nowy Sącz | | 1977 | 02:20:10 | 03:56:22 | | 46 |
| 49 | 1703 | PRUSAK TOMASZ | | | 1983 | 02:10:44 | 03:56:36 | | 47 |
| 50 | 1361 | GÓRKA MARCIN | Kryg | www.decorella.gorlice.pl | 1983 | 02:18:51 | 03:56:37 | | 48 |
| 51 | 1617 | PRUGAR JAROSIAW | Nadarzyn | ASRAZ Adventure Team | 1968 | 02:20:38 | 03:56:41 | | 49 |
| 52 | 1527 | KSIĘŻAK BARTHOMIEJ | Warszawa | T-Mobile Running Team | 1983 | 02:19:39 | 03:57:14 | | 50 |
| 53 | 1719 | PIETRZYK TOMASZ | Kraków | TEAM ASA - BIEGIEM PO ZDRO | 1969 | 02:20:12 | 03:57:14 | | 50 |
| 54 | 1712 | KOZIOL ŁUKASZ | Mielec | Zabiegani Mielec | 1981 | 02:19:38 | 03:57:17 | | 52 |
| 55 | 737 | LESZCZYŃSKI PAWEŁ | warszawa | lasy wawerskie | 1960 | 02:25:48 | 03:57:19 | | 53 |
| 56 | 1102 | MIERNICZEK RAFAŁ | Kraków | | 1994 | 02:11:03 | 03:58:40 | | 54 |
| 57 | 1449 | BIK SZYMON | Mielec | | 1988 | 02:15:38 | 03:59:19 | | 55 |
| 58 | 1725 | KURZAWA SŁAWOMIR | Warszawa | Orange Polska | 1966 | 02:26:38 | 04:00:08 | | 56 |
| 59 | 1451 | MOSSOP ANDREW | Warszawa | WITC | 1979 | 02:24:50 | 04:01:07 | | 57 |
| 60 | 1740 | HEWELT MACIEJ | Gdańsk | UKS Azymut 45/Sklepbiegowy | 1990 | 02:12:57 | 04:01:17 | | 58 |
| 61 | 1656 | KOPKOWICZ PIOTR | Skawina | Po co mi to było? | 1983 | 02:30:30 | 04:01:17 | | 58 |
| 62 | 1445 | GROŃ JACEK | Krynica Zdrój | sport station Krynica | 1972 | 02:17:02 | 04:01:48 | | 60 |
| 63 | 1647 | ZYDROŃ TYMOTEUSZ | Kraków | | 1975 | 02:26:16 | 04:02:04 | | 61 |
| 64 | 1761 | BUNSCH ŁUKASZ | Krakow | HTC | 1985 | 02:30:29 | 04:02:10 | | 62 |
| 65 | 1488 | CZUBIK WOJCIECH | Jasło | JSC | 1976 | 02:23:01 | 04:03:13 | | 63 |
| 66 | 1748 | BADURA ADAM | | | 1978 | 02:23:11 | 04:04:07 | | 64 |
| 67 | 1642 | MAJEWSKI PIOTR | Jasło | Jasielskie Stowarzyszenie | 1976 | 02:23:00 | 04:04:15 | | 65 |
| 68 | 1517 | DYCHTO RAFAŁ | Pabianice | Korona Pabianice | 1975 | 02:23:12 | 04:04:25 | | 66 |
| 69 | 1412 | WILGAT ADAM | Ząbki | 12TRI.PL | 1971 | 02:26:39 | 04:05:16 | | 67 |
| 70 | 1537 | KOSZAREK MACIEJ | Poznań | | 1967 | 02:33:46 | 04:05:46 | | 68 |
| 71 | 1651 | HELIOSZ ADAM | Wodzisław Śląski | | 1979 | 02:23:14 | 04:06:57 | | 69 |
| 72 | 1739 | GODZIEWSKI ANDRZEJ | Jasło | | 1981 | 02:16:47 | 04:07:08 | | 70 |
| 73 | 1675 | WIDIAK KRZYSZTOF | Zielonka | | 1989 | 02:19:37 | 04:07:48 | | 71 |
| 74 | 1709 | PIENIĄZEK SŁAWOMIR | Kraków | | 1978 | 02:17:34 | 04:08:22 | | 72 |
| 75 | 715 | PORĘBA EUGENIUSZ | Miechów | MIECHÓW | 1963 | 02:28:07 | 04:08:28 | | 73 |
| 76 | 1677 | ZAJĄC GRZEGORZ | Nadarzyn | WIĘCZEJ FUNKU! | 1984 | 02:29:32 | 04:08:45 | | 74 |
| 77 | 1586 | MADEYSKI MICHAŁ | Balice | | 1977 | 02:24:28 | 04:09:06 | | 75 |
| 78 | 716 | ŚLIWIŃSKI ANDRZEJ | Miechów | | 1957 | 02:28:31 | 04:09:12 | | 76 |
| 79 | 1538 | KOSZAREK ANDRZEJ | Poznań | | 1972 | 02:33:47 | 04:09:47 | | 77 |
| 80 | 1731 | ŁOŚ KRZYSZTOF | Kraków | Rowery na Dębnikach - Bike | 1977 | 02:25:00 | 04:10:14 | | 78 |
| 81 | 418 | JAŚNIEWICZ WOJCIECH | Swarzędz | | 1979 | 02:18:56 | 04:10:24 | | 79 |
| 82 | 1764 | WOŹNIAK WOJCIECH | | Better than a thousand | 1968 | 02:30:37 | 04:11:00 | | 80 |
| 83 | 1732 | MOWNY ADAM | Zielona Góra | Orange Polska | 1970 | 02:25:09 | 04:11:51 | | 81 |
| 84 | 1685 | MARS MAKSYMILIAN | Kraków | | 1975 | 02:30:12 | 04:11:53 | | 82 |
| 85 | 1705 | BIERNACKI TOMASZ | Sandomierz | FOKA Sandomierz | 1984 | 02:16:53 | 04:12:33 | | 83 |
| 86 | 1717 | BIAJSZCZAK PAWEŁ | Sandomierz | Foka Sandomierz | 1976 | 02:24:10 | 04:12:33 | | 83 |
| 87 | 1620 | LEWANDOWSKI ŁUKASZ | Mysiadło | | 1982 | 02:30:14 | 04:14:07 | | 85 |
| 88 | 1413 | SZCZEPAŃSKI ŁUKASZ | Warszawa | ASA TEAM-BIEGIEM PO ZDROWI | 1976 | 02:30:13 | 04:14:07 | | 85 |
| 89 | 1499 | ŻOŃNIERCZYK STAN | kraków | | 1984 | 02:19:24 | 04:14:18 | | 87 |
| 90 | 1699 | BIELAK KRZYSZTOF | Lublin | www.biegowaprzygoda.eu | 1980 | 02:31:30 | 04:14:20 | | 88 |

Festiwal Biegów - Bieg 7 Dolin, 2013-09-07

Dystans: 36km

| Mce | Nr | Nazwisko Imię | Miejscowość | Team | Rok | 22km | Wynik | K | M |
|-----|------|------------------------|----------------|----------------------------|------|----------|----------|----|-----|
| 91 | 2998 | KOŁAKOWSKA ANNA | Kraków | AZS-AWF Kraków Masters | 1976 | 02:31:34 | 04:15:20 | 3 | |
| 92 | 1674 | BOHM JACEK | Mikołów | | 1963 | 02:26:02 | 04:15:24 | | 89 |
| 93 | 1453 | PŁOŃSKA ANNA | Wrocław | EKG Wrocław | 1988 | 02:34:45 | 04:15:31 | 4 | |
| 94 | 1655 | KRZEMIEŃ ARTUR | Skawina | Po co mi to było? | 1986 | 02:30:46 | 04:15:33 | | 90 |
| 95 | 434 | SIDOR PAWEŁ | Warszawa | | 1972 | 02:29:12 | 04:15:45 | | 91 |
| 96 | 1701 | MATACZYŃSKA ANNA | Zabrze | | 1987 | 02:28:42 | 04:15:46 | 5 | |
| 97 | 1524 | STASZKIEWICZ RAFAŁ | Krzyszowice | | 1978 | 02:19:29 | 04:16:38 | | 92 |
| 98 | 1368 | EL MAHDI ALEKSANDER | Warszawa | mongolia | 1982 | 02:29:14 | 04:16:40 | | 93 |
| 99 | 1681 | NOWICKI ŁUKASZ | Warszawa | Skurcz Y Byki | 1971 | 02:31:51 | 04:16:46 | | 94 |
| 100 | 1564 | PANEK JAROSIAW | Złotniki | | 1975 | 02:25:30 | 04:17:04 | | 95 |
| 101 | 1599 | RACZEK NATALIA | Rychwałdek | KS HALNY WĘGIERSKA GÓRKA | 1993 | 02:31:09 | 04:17:23 | 6 | |
| 102 | 1463 | WIJAS MARIUSZ | Kraków | | 1973 | 02:32:21 | 04:17:50 | | 96 |
| 103 | 1441 | DUSZA DOMINIK | Trzciana | | 1978 | 02:27:36 | 04:18:07 | | 97 |
| 104 | 1410 | ROSA LESZEK | Tłuszcz | BÓBR TŁUSZCZ | 1959 | 02:36:27 | 04:18:53 | | 98 |
| 105 | 1710 | ŚWIDERSKI SIAWOMIR | Okuniew | Bemovia | 1972 | 02:31:47 | 04:19:10 | | 99 |
| 106 | 1409 | WOJTKOWSKI IRENEUSZ | Warszawa | | 1961 | 02:32:57 | 04:19:56 | | 100 |
| 107 | 1664 | ZYSK MICHAŁ | Warszawa | | 1979 | 02:30:16 | 04:20:13 | | 101 |
| 108 | 1724 | SMOLEN WITOLD | Warszawa | | 1980 | 02:31:14 | 04:22:10 | | 102 |
| 109 | 1695 | PEŁCZYŃSKI JAREK | Dębica | | 1985 | 02:31:47 | 04:22:42 | | 103 |
| 110 | 1714 | MARKUS SIAWOMIR | Warszawa | | 1973 | 02:28:44 | 04:23:08 | | 104 |
| 111 | 1708 | GODLEWSKI BOGDAN | Polkowice | MTS DRUŻYNA SZPIKU KGHM | 1974 | 02:31:15 | 04:23:10 | | 105 |
| 112 | 1583 | SZYCIK WALDEMAR | Grajewo | Maratonka | 1969 | 02:31:46 | 04:23:42 | | 106 |
| 113 | 1581 | BILNIK MONIKA | Częstochowa | | 1973 | 02:32:46 | 04:23:44 | 7 | |
| 114 | 1661 | MAZUR AGNIESZKA | Oława | | 1987 | 02:37:14 | 04:24:16 | 8 | |
| 115 | 1458 | BRZÓSKA RAFAŁ | Cieszyn | BRZOZA TEAM | 1975 | 02:36:53 | 04:24:54 | | 107 |
| 116 | 1687 | MALINOWSKI MICHAŁ | Nowy Sącz | | 1987 | 02:43:27 | 04:24:56 | | 108 |
| 117 | 1713 | WITEK BOGUSIAW | Tarnów | AA Tarnów | 1968 | 02:37:48 | 04:25:23 | | 109 |
| 118 | 1752 | SEKŚCIŃSKA MAGDA | Łomża | KS Łomżanie | 1984 | 02:39:30 | 04:25:42 | 9 | |
| 119 | 1730 | SROKA IWONA | Jaworze | | 1970 | 02:34:12 | 04:25:56 | 10 | |
| 120 | 1435 | KOŁACZ WOJCIECH | Warszawa | Klub Biegacza ERGO | 1990 | 02:29:44 | 04:26:20 | | 110 |
| 121 | 1359 | KRZYSZTOFOWICZ MARCIN | Tarnów | | 1984 | 02:28:52 | 04:27:12 | | 111 |
| 122 | 1534 | KACZMAREK GRZEGORZ | Warszawa | EDC Runners | 1980 | 02:39:10 | 04:27:55 | | 112 |
| 123 | 1735 | JANISZEWSKI MACIEJ | Muszyna | | 1983 | 02:24:49 | 04:28:03 | | 113 |
| 124 | 1756 | HANDZEL WIOLETTA | kraków | pędząca brygada juliana | 1984 | 02:43:56 | 04:28:07 | 11 | |
| 125 | 1672 | POKRYWIŃSKI MARCIN | Warszawa | | 1981 | 02:25:44 | 04:28:12 | | 114 |
| 126 | 1743 | MARUSZCZYK MAREK | Rybnik | Kompania Węglowa - Katowic | 1968 | 02:35:08 | 04:29:22 | | 115 |
| 127 | 1697 | PEŁCZYŃSKI SIAWOMIR | Dębica | | 1979 | 02:31:50 | 04:29:45 | | 116 |
| 128 | 1733 | ŚLIWIŃSKA SYLWIA | Krynica-Zdrój | | 1979 | 02:37:11 | 04:30:00 | 12 | |
| 129 | 1365 | PYRKOSZ DAMIAN | Rzeszów | BiegamBoLubię Rzeszów | 1971 | 02:35:51 | 04:30:17 | | 117 |
| 130 | 1379 | CZEPIEL-RAK KATARZYNA | Jasło | Jasielskie Stowarzyszenie | 1975 | 02:39:59 | 04:30:27 | 13 | |
| 131 | 1378 | RAK ŁUKASZ | Jasło | Jasielskie Stowarzyszenie | 1974 | 02:40:00 | 04:30:27 | | 118 |
| 132 | 1154 | BOCHENEK MARIA | Skoczów | Festiwal Biegowy w Krynicy | 1965 | 02:42:48 | 04:30:37 | 14 | |
| 133 | 1604 | TYRANKIEWICZ URSZULA | Kraków | | 1979 | 02:36:06 | 04:30:39 | 15 | |
| 134 | 1536 | CYRNY RAFAŁ | Warszawa | sts Maraton | 1977 | 02:34:49 | 04:30:44 | | 119 |
| 135 | 1490 | IZWORSKI JÓZEF | Radzionków | | 1976 | 02:37:34 | 04:31:21 | | 120 |
| 136 | 1754 | PAWOWSKI PIOTR | Radom | Pop Gym | 1973 | 02:37:32 | 04:31:57 | | 121 |
| 137 | 1667 | CIESLIŃSKI MICHAŁ | Kozłów | Biali Kenijczycy Kraków | 1988 | 02:21:02 | 04:32:54 | | 122 |
| 138 | 1652 | DOMARADZKA WIOLETTA | Warszawa | Vegan Mission | 1977 | 02:38:46 | 04:33:00 | 16 | |
| 139 | 1138 | JAMROŹY MARCIN | Sosnowiec | | 1981 | 02:39:48 | 04:33:35 | | 123 |
| 140 | 1427 | GAPIŃSKI MARCIN | Piła | 4 RUN Team Piła | 1976 | 02:37:04 | 04:33:46 | | 124 |
| 141 | 1600 | DROZD PAWEŁ | Lublin | | 1973 | 02:37:26 | 04:33:57 | | 125 |
| 142 | 1354 | LEWANDOWSKI ANDRZEJ | Gdynia | loslameros.com | 1957 | 02:43:12 | 04:34:29 | | 126 |
| 143 | 1706 | LITTEWKA JACEK | Kraków | Gucio i spółka | 1973 | 02:43:56 | 04:34:35 | | 127 |
| 144 | 1755 | KOZYRA MARCIN | Kobylany | PĘDZĄCA BRYGADA JULIANA | 1976 | 02:43:56 | 04:34:36 | | 128 |
| 145 | 1573 | URBAŃSKI MICHAŁ | Chorzów | | 1993 | 02:32:13 | 04:34:37 | | 129 |
| 146 | 1723 | KAMYSZ IZABELA | Kraków | | 1987 | 02:37:02 | 04:34:42 | 17 | |
| 147 | 1629 | MUNIAK KAMIL | Kraków | | 1981 | 02:30:30 | 04:34:45 | | 130 |
| 148 | 1663 | WISZNIEWSKI KAROL | Warszawa | AKS Polonia Warszawa | 1982 | 02:48:08 | 04:35:26 | | 131 |
| 149 | 1487 | SPYRA SIAWOMIR | Częstochowa | | 1970 | 02:34:09 | 04:36:06 | | 132 |
| 150 | 1715 | PASIUT ROBERT | Nowy Sącz | | 1971 | 02:30:37 | 04:36:37 | | 133 |
| 151 | 1678 | PACH MACIEJ | zakopane | | 1981 | 02:34:42 | 04:37:04 | | 134 |
| 152 | 1676 | KUDIO MARCIN | Rybnik | | 1979 | 02:35:05 | 04:37:06 | | 135 |
| 153 | 1639 | HAJDUK GRZEGORZ | Rzeszów | | 1977 | 02:35:24 | 04:37:34 | | 136 |
| 154 | 3351 | DREJARZ-KACZMAREK ANNA | Warszawa | | 1979 | 02:40:02 | 04:37:40 | 18 | |
| 155 | 1653 | DROZD ALEKSANDRA | Józefów | | 1977 | 02:38:03 | 04:38:00 | 19 | |
| 156 | 1644 | CYPARSKI ARTUR | brzozów | 4 pory roku brzozów | 1977 | 02:44:45 | 04:39:13 | | 137 |
| 157 | 1645 | DUDEK ARKADIUSZ | Humniska | 4 pory roku | 1964 | 02:44:47 | 04:39:15 | | 138 |
| 158 | 1447 | KONOPKA KRYSZTIAN | Nowy Sącz | SKRZAT TEAM | 1983 | 02:42:09 | 04:39:50 | | 139 |
| 159 | 1569 | SEJ MACIEJ | ślomien | niezrzeszony | 1972 | 02:37:31 | 04:39:58 | | 140 |
| 160 | 1353 | WRUK REMIGIUSZ | Opole | | 1971 | 02:37:39 | 04:41:09 | | 141 |
| 161 | 1428 | GAŁECKI TOMASZ | Warszawa | | 1970 | 02:47:37 | 04:41:19 | | 142 |
| 162 | 1399 | BŁASIAK RENATA | Bielsko-Biała | | 1977 | 02:38:05 | 04:42:13 | 20 | |
| 163 | 1607 | KRASIŃSKI KAMIL | Warszawa | IT4I | 1985 | 02:34:40 | 04:42:50 | | 143 |
| 164 | 1388 | MISZTAK PIOTR | Warszawa | NULL | 1983 | 02:34:38 | 04:42:50 | | 143 |
| 165 | 1363 | BOCHENEK JACEK | Skoczów | Festiwal Biegowy w Krynicy | 1968 | 02:44:34 | 04:43:43 | | 145 |
| 166 | 1167 | KARCZEWSKI MICHAŁ | Kraków | 12tri | 1979 | 02:42:43 | 04:45:04 | | 146 |
| 167 | 1679 | FILIMON ERYK | Kraków | | 1979 | 02:42:41 | 04:45:05 | | 147 |
| 168 | 1621 | WALCZUK TOMASZ | Biała Podlaska | Biała Biega | 1980 | 02:39:43 | 04:45:59 | | 148 |
| 169 | 1530 | RUTKOWSKA MAŁGORZATA | Warszawa | | 1984 | 02:48:07 | 04:46:04 | 21 | |
| 170 | 1668 | BĄKOWSKI WŁODZIMIERZ | Warszawa | | 1958 | 02:47:48 | 04:46:22 | | 149 |
| 171 | 1722 | PAMUŁA ADAM | Rzeszotary | | 1964 | 02:52:48 | 04:46:43 | | 150 |
| 172 | 1577 | ŁAKOMY WALDEMAR | Buk | | 1959 | 02:26:32 | 04:46:50 | | 151 |
| 173 | 1619 | JACHYMEK BARTOMIEJ | Warszawa | Pasterka Camp | 1975 | 02:55:47 | 04:47:59 | | 152 |
| 174 | 1758 | SKIBA MIROSLAW | Raciborzowice | | 1984 | 02:52:52 | 04:48:17 | | 153 |
| 175 | 1757 | WARAWĄSOWSKI DANIEL | Kraków | | 1983 | 02:52:52 | 04:48:17 | | 153 |
| 176 | 1637 | KOWALCZYK JOANNA | Warszawa | Vegan Mission | 1979 | 02:46:16 | 04:48:54 | 22 | |
| 177 | 1659 | KLUBA ROKSANA | Rozkochów | BBL | 1977 | 02:49:23 | 04:49:46 | 23 | |
| 178 | 1666 | SEREMET BOŻENA | Kraków | BBL Kraków | 1968 | 02:49:26 | 04:49:48 | 24 | |
| 179 | 1744 | ŁOKAS ANDRZEJ | Będzin | | 1968 | 02:52:26 | 04:50:16 | | 155 |
| 180 | 1716 | SKRZYPIEC JUSTYNA | Nawojowa | | 1985 | 02:50:55 | 04:52:03 | 25 | |

Festiwal Biegów - Bieg 7 Dolin, 2013-09-07

Dystans: 36km

| Mce | Nr | Nazwisko Imię | Miejscowość | Team | Rok | 22km | Wynik | K | M |
|-----|------|--------------------------------|------------------|--------------------------|------|----------|----------|----|-----|
| 181 | 1670 | SZAFRANIEC KRZYSZTOF | Kraków | | 1970 | 02:54:53 | 04:53:48 | | 156 |
| 182 | 1501 | WINIARZ WACIAW | Lubaczów | | 1953 | 02:46:27 | 04:53:52 | | 157 |
| 183 | 1630 | NASKRÉT ARKADIUSZ | Warszawa | | 1972 | 02:55:47 | 04:54:58 | | 158 |
| 184 | 1759 | KOSCIELNY WOJCIECH | Żywiec | 1759 | 1978 | 02:52:54 | 04:55:00 | | 159 |
| 185 | 1502 | WOREK MAGDALENA | Żabnica | KS HALNY Węgierska Górka | 1973 | 02:40:34 | 04:55:00 | 26 | |
| 186 | 1606 | KAMIENIARZ JAN | Krakow | Birgam Bo Lubię -KRK | 1954 | 02:54:53 | 04:55:04 | | 160 |
| 187 | 1444 | STĘPNIAK MICHAŁ | Warszawa | Klub Biegacza ERGO | 1969 | 02:45:46 | 04:55:39 | | 161 |
| 188 | 1631 | SZKWAREK RAFAL | Pruszkow | ASRAZ | 1974 | 02:51:00 | 04:57:06 | | 162 |
| 189 | 1423 | SZRAJDA MONIKA | Bydgoszcz | | 1978 | 02:52:18 | 04:57:11 | 27 | |
| 190 | 1400 | GĘBICKI ŁUKASZ | Warszawa | 12tri.pl | 1984 | 02:47:44 | 04:58:03 | | 163 |
| 191 | 1568 | GĘBICKA AGNIESZKA | Warszawa | 12TRI.PL | 1981 | 02:47:40 | 04:58:04 | 28 | |
| 192 | 1430 | GŁADYSZ RAFAŁ | Krosno | | 1975 | 02:56:41 | 04:58:21 | | 164 |
| 193 | 1640 | BEMBEN ROMAN | kraków | | 1979 | 02:44:37 | 05:00:09 | | 165 |
| 194 | 1612 | PĘKALA ŁUKASZ | Poznań | | 1992 | 02:50:29 | 05:02:12 | | 166 |
| 195 | 1549 | WOLAK MAŁGORZATA | krakow | masters | 1984 | 02:44:22 | 05:02:18 | 29 | |
| 196 | 1737 | LABARTKAVA KONSTANTIN | | | 1984 | 02:47:42 | 05:02:22 | | 167 |
| 197 | 1548 | WALENDZIEWSKA MAŁGORZATA | Warszawa | Polska Biega | 1984 | 02:48:54 | 05:02:33 | 30 | |
| 198 | 1547 | WOJTYŁA PAWEŁ | Warszawa | AKS "Polonia Warszawa" | 1984 | 02:48:53 | 05:02:33 | | 168 |
| 199 | 1592 | KUCIŃSKI ANDRZEJ | Warszawa | Lasek Bielański Team | 1960 | 02:53:58 | 05:03:03 | | 169 |
| 200 | 1494 | SZUPERSKA-MAZUR IWONA | Morawica | | 1973 | 02:52:55 | 05:04:25 | 31 | |
| 201 | 1626 | WASIK MARCIN | Kraków | | 1976 | 02:55:57 | 05:04:25 | | 170 |
| 202 | 1760 | KOCH PIOTR | Czeladź | | 1988 | 02:52:02 | 05:05:24 | | 171 |
| 203 | 1484 | RUPIEWICZ JAROSIAW | Warszawa | KB Castellanus | 1980 | 02:51:01 | 05:05:56 | | 172 |
| 204 | 1528 | JASIK PIOTR | Warszawa | | 1958 | 02:48:49 | 05:06:47 | | 173 |
| 205 | 1628 | FRĄCZKOWSKA KASIA | Warszawa | | 1979 | 02:54:33 | 05:07:19 | 32 | |
| 206 | 1633 | JURCZAK PAWEŁ | Warszawa | | 1980 | 02:54:33 | 05:07:19 | | 174 |
| 207 | 1459 | KROK KRZYSZTOF | Muszyna | nierzieszony | 1963 | 02:56:12 | 05:07:22 | | 175 |
| 208 | 1350 | MAŁTEWSKI DAMIAN | | | 1975 | 03:07:01 | 05:08:11 | | 176 |
| 209 | 1467 | POZNAŃSKA MAGDALENA | Kraków | happy TRI friends | 1971 | 02:55:58 | 05:13:15 | 33 | |
| 210 | 1370 | GRABEK RADOSŁAW | Warsaw | | 1975 | 02:57:33 | 05:13:19 | | 177 |
| 211 | 1689 | DEL RIO JORGE | Warszawa | | 1975 | 02:46:45 | 05:19:03 | | 178 |
| 212 | 1680 | ZANCADA RUBEN | Warsaw | | 1976 | 02:50:34 | 05:19:03 | | 178 |
| 213 | 1381 | GRZEGORCZYK MICHAŁ | Stalowa Wola | | 1985 | 03:00:49 | 05:19:32 | | 180 |
| 214 | 1418 | KOWALCZYK TADEUSZ | Kraków | | 1954 | 03:02:41 | 05:21:13 | | 181 |
| 215 | 1683 | DĄBROWSKI DARIUSZ | Białystok | Powerade | 1967 | 02:55:15 | 05:21:25 | | 182 |
| 216 | 1634 | OGRODNICZUK MAREK | Biała Podlaska | | 1974 | 02:53:24 | 05:22:17 | | 183 |
| 217 | 1391 | WACHOWIAK AGATA | Poznań | | 1968 | 03:09:35 | 05:22:19 | 34 | |
| 218 | 1747 | KOWALCZYK ANNA | Zakopane | | 1972 | 03:04:57 | 05:22:33 | 35 | |
| 219 | 1553 | MICHALAK JUSTYNA | Marianów | | 1976 | 02:52:45 | 05:22:55 | 36 | |
| 220 | 1552 | MICHALAK TOMASZ | Marianów | | 1975 | 02:52:44 | 05:22:55 | | 184 |
| 221 | 1466 | POZNAŃSKI TOMASZ | Kraków | happy TRI friends | 1972 | 03:01:06 | 05:23:11 | | 185 |
| 222 | 1433 | BRYLEWSKI TOMASZ | Warszawa | | 1972 | 02:54:09 | 05:24:08 | | 186 |
| 223 | 1572 | GAŁKA EWA | Szymanów | ProRun Wrocław | 1977 | 03:05:42 | 05:26:46 | 37 | |
| 224 | 1728 | DOMINIAK- LESZCZYŃSKA ELŻBIETA | Warszawa | Lasy wawerskie | 1960 | 03:10:10 | 05:27:42 | 38 | |
| 225 | 1417 | KOWALCZYK JOANNA | Kraków | | 1973 | 03:10:38 | 05:37:26 | 39 | |
| 226 | 1700 | ZAMBROWSKI DARIUSZ | Jastrzebie Zdroj | | 1983 | 03:05:51 | 05:37:27 | | 187 |
| 227 | 1473 | WIECZOREK KATARZYNA | Katowice | | 1978 | 03:08:09 | 05:37:53 | 40 | |
| 228 | 1539 | JUSKOWIAK KINGA | Poznań | KB Maniac Poznań | 1978 | 03:20:23 | 05:42:55 | 41 | |
| 229 | 415 | WYSTĘPSKI JANUSZ | Gniezno | DRUŻYNA SZPIKU | 1972 | 03:20:23 | 05:42:55 | | 188 |
| 230 | 1497 | JANCZEWSKA MARTA | Warszawa | | 1981 | 03:14:51 | 05:48:14 | 42 | |
| 231 | 1434 | PLIŚYŁO PAWEŁ | Krosno | ASW Judo | 1975 | 03:14:52 | 05:48:14 | | 189 |
| 232 | 1374 | SŁOWIŃSKA IDA | Sulejówek | Festiwal biegowy | 1975 | 03:15:37 | 05:49:36 | 43 | |
| 233 | 1408 | WALCZAK-WOJTKOWSKA IWONA | Warszawa | | 1960 | 03:19:42 | 05:49:54 | 44 | |
| 234 | 1150 | LIS ROBERT | Korczyna | nz | 1964 | 03:09:39 | 05:52:16 | | 190 |
| 235 | 1489 | SOKOŁOWSKI PIOTR | Tarnów | TKS SK | 1970 | 03:16:10 | 06:01:38 | | 191 |
| 236 | 1598 | MAŁTEWSKI SEBASTIAN | Elbląg | | 1974 | 03:19:57 | 06:11:15 | | 192 |
| 237 | 1522 | POROSIO ANITA | Myslenice | | 1962 | 03:31:56 | 06:11:53 | 45 | |
| 238 | 1605 | MISIARZ JÓZEF | Kraków | przywołnie | 1957 | 03:22:25 | 06:13:43 | | 193 |
| 239 | 1742 | BUCWA SŁAWOMIR | | | 1977 | 03:18:52 | 06:16:25 | | 194 |
| 240 | 1571 | HELFOJER JACEK | Suchy Las | | 1970 | 03:28:39 | 06:30:28 | | 195 |
| 241 | 1727 | KASPRZAK DAMIAN | Złotniki | | 1988 | 03:31:38 | 06:32:35 | | 196 |
| 242 | 1726 | KASPRZAK ARTUR | Złotniki | | 1987 | 03:31:40 | 06:32:36 | | 197 |
| 243 | 1491 | KASPRZAK BEATA | Złotniki | nierzieszony | 1966 | 03:32:01 | 06:32:36 | 46 | |