

III Festiwal Biegowy Forum Ekonomicznego 2012 - Bieg 7 Dolin

WYNIKI ZAWODÓW

Bieg 7 Dolin - Ultramaraton na dystansie 100 km

Organizator: Fundacja Instytut Studiów Wschodnich

Termin: 08.09.2012

Miejsce: Krynica Zdrój

Dystans: 100 km

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k YoB	W kategorii Age	Grupy Group	Sex	Wynik Time	[min/km]	
Check pts:	23 km	33 km	45 km	62 km	66 km	69 km	77 km	83 km	88 km			
1	3896	NENETH Csaba		HUN						(M)1	08:51:10	05.19
		01:42:59/1	02:55:17/1	03:56:51/1	05:22:56/1	05:38:15/1	05:58:24/1	06:45:12/1	07:25:39/1	07:54:11/1		
2	306	ŚWIERC Marcin	LISOWICE	POL	SALOMON SUUNTO TEAM			85M1/1		(M)2	08:55:09	05.21
		01:46:49/2	03:02:05/2	04:02:59/2	05:26:02/2	05:40:59/2	06:01:05/2	06:46:17/2	07:28:21/2	07:58:30/2		
3	250	WYDRA Jan		POL	MOK MSZANA DOLNA 2			75M2/1		(M)3	09:35:46	05.45
		01:46:55/3	03:02:06/3	04:05:23/3	05:35:54/3	05:53:49/3	06:18:24/3	07:09:15/3	07:55:36/3	08:26:52/3		
4	309	WOLSKI Jakub	POZNAŃ	POL	ADIDAS TERREX TEAM POLAND			87M1/2		(M)4	09:53:22	05.55
		01:49:02/5	03:02:41/4	04:12:20/4	05:46:43/4	06:03:06/4	06:28:26/4	07:23:52/4	08:10:43/4	08:47:10/4		
5	223	DLUGOSZ Adam		POL				76M2/2		(M)5	10:04:43	06.02
		01:53:20/10	03:12:21/10	04:20:41/5	05:53:26/5	06:10:02/5	06:32:58/5	07:28:12/5	08:19:29/5	08:54:40/5		
6	65	GRINIUS Gediminas	VILNIUS	LTU	SVIESOS KARIAI			79M2/3		(M)6	10:10:05	06.06
		01:49:53/6	03:06:35/5	04:20:48/6	05:59:40/6	06:17:30/6	06:43:51/6	07:40:39/6	08:31:16/6	09:06:13/6		
7	3894	KARLOVITZ JUHASZ Tamas		POL						(M)7	10:27:34	06.17
		01:51:42/7	03:11:36/6	04:23:28/7	06:03:34/7	06:23:10/7	06:47:53/7	07:46:24/7	08:38:37/7	09:16:39/7		
8	107	KŁODNICKI Tomasz	DOBRA	POL	MOK MSZANA DOLNA			76M2/4		(M)8	10:28:25	06.17
		01:59:36/18	03:24:32/18	04:36:06/14	06:19:28/12	06:35:42/12	07:00:03/9	07:55:42/8	08:44:40/8	09:20:46/8		
9	380	REMBIASZ Marcin		POL				77M2/5		(M)9	10:34:38	06.20
		01:59:52/20	03:22:52/17	04:34:38/13	06:19:28/13	06:38:42/14	07:03:39/11	08:01:34/11	08:50:09/9	09:26:30/9		
10	109	MICHULEC Jacek	ŻYWIEC	POL	KS HALNY WĘGIERSKA GÓRKA			80M2/6		(M)10	10:41:24	06.25
		01:53:22/11	03:12:21/9	04:28:57/11	06:14:04/10	06:32:45/9	07:00:23/10	07:59:26/9	08:53:06/11	09:32:17/10		
11	256	KOBOS Tomasz	KRAKÓW	POL	IGLA			88M1/3		(M)11	10:46:32	06.27
		02:08:56/34	03:35:16/27	04:47:20/20	06:26:40/18	06:45:41/18	07:11:39/16	08:11:01/15	08:58:51/13	09:33:38/11		
12	231	PAKUŁA Paweł antoni		POL	COLUMBIA / MKS ŻAK BIAŁA PODL			77M2/7		(M)12	10:48:08	06.28
		02:05:55/29	03:28:43/21	04:42:33/18	06:24:16/16	06:43:13/16	07:08:54/15	08:03:39/12	08:53:17/12	09:35:07/13		
13	274	WAŚOWICZ Jan	KRAKÓW	POL				73M2/8		(M)13	10:48:53	06.29
		01:59:45/19	03:22:40/16	04:39:09/15	06:25:25/17	06:43:37/17	07:15:09/18	08:16:33/18	09:01:19/15	09:45:28/16		
14	288	GOLEC Bartłomiej		POL	KS HALNY WĘGIERSKA GÓRKA			79M2/9		(M)14	10:51:53	06.31
		01:57:00/14	03:19:28/14	04:40:50/17	06:19:47/14	06:36:28/13	07:05:54/13	08:05:25/13	09:01:25/16	09:38:19/14		
15	103	JAGIEŁA Adam	SIEMIANOWICE ŚLĄSKIE	POL				73M2/10		(M)15	10:57:34	06.34
		01:51:42/8	03:11:51/8	04:27:43/10	06:14:37/11	06:35:18/11	07:05:54/12	08:07:42/14	09:00:11/14	09:40:27/15		
16	366	HOLLY Piotr	WAŁBRZYCH	POL	RMD MONTRAIL			83M1/4		(M)16	11:04:35	06.39
		01:48:19/4	03:12:56/11	04:23:28/8	06:06:21/8	06:25:39/8	06:55:24/8	07:59:41/10	08:52:50/10	09:35:00/12		
17	170	WIĘCEK Maciej	KRAKÓW	POL	INOV-8			74M2/11		(M)17	11:18:00	06.46
		02:02:39/24	03:30:35/23	04:48:37/22	06:34:42/21	06:53:23/20	07:19:44/19	08:21:01/19	09:18:01/19	09:59:46/19		
18	383	KUREK Artur	ŻYRARDÓW	POL	SALOMON SUUNTO TEAM			70M3/1		(M)18	11:26:07	06.51
		01:53:29/12	03:16:34/12	04:39:57/16	06:31:52/19	06:52:46/19	07:21:41/20	08:25:15/20	09:21:06/20	10:04:03/20		
19	349	PIECH Kacper	BIAŁA PODLASKA	POL	AZS AGH KRAKÓW			90M1/5		(M)19	11:26:44	06.52
		01:53:49/13	03:17:40/13	04:31:31/12	06:20:39/15	06:39:01/15	07:13:05/17	08:16:32/17	09:12:44/18	09:54:01/17		
20	3076	CHORAŻY Lucjan		POL				80M2/12		(M)20	11:26:45	06.52
		01:51:44/9	03:11:50/7	04:27:09/9	06:12:05/9	06:33:23/10	07:05:55/14	08:11:25/16	09:08:46/17	09:55:17/18		
21	197	ZIMNY Oskar	WARSZAWA	POL				82M2/13		(M)21	11:34:08	06.57
		01:59:52/21	03:22:32/15	04:44:59/19	06:36:06/23	06:55:07/23	07:32:10/24	08:41:41/23	09:39:35/23	10:20:38/23		
22	318	PIGŁOWSKI Dawid	SANTOCKO	POL	NAUTILUS GORZÓW			82M2/14		(M)22	11:35:20	06.56
		02:04:08/28	03:32:12/24	04:49:19/23	06:33:06/20	06:54:24/21	07:29:14/22	08:31:02/21	09:26:48/21	10:08:17/21		
23	121	SOBCZAK Henryk	NOWY TARG	POL	SOBCZAK HENIO TEAM			83M1/6		(M)23	11:37:30	06.58
		02:01:34/23	03:26:15/20	04:47:23/21	06:34:52/22	06:54:29/22	07:24:59/21	08:31:55/22	09:30:25/22	10:17:56/22		

09.09.2012 08:14:28

Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	[min/km]
Check pts:								
24	267	DONIEC Jacek	BURNABY, BC	CAN -		77M2/15	(M)24 11:43:33	07.02
02:10:00 / 41 03:41:19 / 37 05:03:51 / 32 06:55:27 / 30 07:14:49 / 32 07:46:44 / 27 08:48:43 / 26 09:43:15 / 25 10:23:01 / 24								
25	276	BOGACKI Rafał	KRAKÓW	POL		86M1/7	(M)25 11:47:47	07.04
01:57:42 / 15 03:26:01 / 19 04:52:45 / 26 06:51:39 / 27 07:12:06 / 29 07:45:24 / 26 08:48:39 / 25 09:42:44 / 24 10:31:53 / 25								
26	120	SROKA Wojciech	RZESZÓW	POL SFS RZESZÓW		78M2/16	(M)26 11:48:50	07.05
02:17:40 / 62 03:42:24 / 43 05:13:18 / 47 07:01:24 / 34 07:19:53 / 34 07:50:10 / 31 08:53:58 / 30 09:49:10 / 30 10:32:39 / 27								
27	427	PUZIA Krzysztof	KRAKÓW	POL NAUTICA		64M3/2	(M)27 11:52:16	07.07
02:08:45 / 33 03:39:01 / 34 05:01:31 / 31 06:55:27 / 32 07:13:16 / 31 07:46:44 / 28 08:51:07 / 28 09:48:39 / 29 10:40:33 / 29								
28	314	TOPOLSKI Marcin		POL		76M2/17	(M)28 11:52:16	07.07
02:09:21 / 38 03:38:59 / 33 05:01:31 / 30 06:55:27 / 31 07:13:16 / 30 07:46:45 / 29 08:51:48 / 29 09:48:39 / 28 10:40:33 / 30								
29	320	CICHOREK Dariusz	KALISZ	POL		72M3/3	(M)29 11:57:07	07.10
02:34:19 / 130 03:56:09 / 67 05:11:22 / 44 06:57:26 / 33 07:15:46 / 33 07:48:13 / 30 08:49:28 / 27 09:45:19 / 26 10:32:00 / 26								
30	73	MACIEJEWSKI Krzysztof	KROTOSZYN	POL K.S. KROTOSZ KROTOSZYN		82M2/18	(M)30 11:58:16	07.10
02:15:12 / 54 03:47:18 / 50 05:10:50 / 43 07:02:51 / 37 07:23:35 / 37 07:58:01 / 36 09:03:03 / 31 10:00:16 / 32 10:41:19 / 31								
31	151	WIERDAK Hubert	KORCZYNA	POL KORCZYNA		76M2/19	(M)31 11:58:37	07.11
02:02:53 / 25 03:28:51 / 22 04:49:45 / 24 06:45:40 / 26 07:06:45 / 27 07:39:27 / 25 08:46:04 / 24 09:46:15 / 27 10:33:02 / 28								
32	248	MAJER Ewa	DOBCZYCE	POL		82	(K)1 11:59:01	07.11
01:58:40 / 16 04:06:59 / 91 05:27:28 / 62 07:14:17 / 43 07:34:33 / 42 08:08:09 / 42 09:08:27 / 34 09:59:58 / 31 10:43:22 / 32								
33	159	DZIEDZICKI Andrzej	PRZEMYSŁ	POL		73M2/20	(M)32 12:07:09	07.16
02:06:38 / 30 03:38:20 / 31 05:07:23 / 35 07:01:51 / 36 07:21:02 / 35 08:00:21 / 37 09:08:37 / 35 10:03:16 / 35 10:49:56 / 35								
34	336	MICHNOL Kamil	SIEMIANOWICE ŚLĄSKIE	POL		78M2/21	(M)33 12:13:58	07.20
02:10:08 / 42 03:38:03 / 30 05:06:21 / 33 07:01:51 / 35 07:21:54 / 36 08:00:27 / 38 10:09:10 / 36 10:50:30 / 36								
35	312	KANA Frantisek	KEZMAROK	SVK KEZMAROK		75M2/22	(M)34 12:19:10	07.23
02:11:15 / 46 03:43:47 / 46 05:10:23 / 39 07:13:17 / 42 07:34:30 / 41 08:04:06 / 40 09:18:57 / 38 10:17:31 / 39 11:02:23 / 39								
36	60	KONIUKHOV Taras	KIJOW	UKR ZIELESTA		78M2/23	(M)35 12:20:56	07.24
02:10:53 / 44 03:39:24 / 35 05:06:36 / 34 07:04:37 / 39 07:24:59 / 39 08:02:00 / 39 09:15:16 / 37 10:12:22 / 38 10:56:04 / 37								
37	59	KOLEK Szymon	NOWY SĄCZ	POL VISEGRAD MARATON RYTRO		65M3/4	(M)36 12:22:59	07.25
02:23:02 / 83 03:56:52 / 70 05:23:31 / 59 07:20:01 / 46 07:40:25 / 45 08:13:22 / 43 09:23:34 / 41 10:22:40 / 41 11:05:24 / 40								
38	71	STĘPIEN Zenon	KIELCE	POL KKL KIELCE		63M3/5	(M)37 12:24:06	07.26
02:09:20 / 37 03:41:59 / 41 05:20:56 / 54 07:26:12 / 57 07:47:56 / 57 08:32:08 / 63 09:35:07 / 50 10:30:17 / 43 11:11:35 / 42								
39	430	SAFRONOVA Irina	MOSKWA	RUS		80	(K)2 12:25:20	07.27
02:12:00 / 48 03:41:35 / 39 05:10:38 / 40 07:03:12 / 38 07:24:34 / 38 07:57:56 / 35 09:08:40 / 36 10:11:19 / 37 11:01:04 / 38								
40	369	KOWALSKI Tomasz		POL POCO-LOCO.PL ADVENTURE TEAM		85M1/8	(M)38 12:32:53	07.31
02:10:41 / 43 03:41:21 / 38 05:10:50 / 42 07:11:06 / 41 07:32:50 / 40 08:07:52 / 41 09:21:20 / 39 10:22:16 / 40 11:13:24 / 43								
41	181	DWORAK Maciej	RADOM	POL		86M1/9	(M)39 12:34:09	07.32
01:58:59 / 17 04:03:13 / 79 05:30:02 / 69 07:24:21 / 52 07:44:44 / 49 08:16:27 / 46 09:26:50 / 43 10:31:27 / 44 11:16:30 / 44								
42	262	HATALA Sławomir	RZYKI	POL 18 BPD BIELSKO-BIAŁA		81M2/24	(M)40 12:34:24	07.32
02:16:46 / 59 03:44:15 / 48 05:00:14 / 29 06:44:53 / 25 07:05:29 / 25 07:50:40 / 32 09:03:29 / 33 10:02:52 / 33 10:47:29 / 33								
43	379	DOBRZAŃSKI Tomasz	KRAKÓW	POL		83M1/10	(M)41 12:34:24	07.32
02:16:45 / 58 03:44:14 / 47 04:49:45 / 25 06:44:52 / 24 07:05:30 / 26 07:50:40 / 33 09:03:28 / 32 10:02:52 / 34 10:47:31 / 34								
44	25	JASTRZĄB Piotr	LESKO	POL DEKAN LESKO		68M3/6	(M)42 12:38:18	07.34
02:14:42 / 52 03:49:28 / 55 05:23:16 / 58 07:26:47 / 59 07:47:01 / 52 08:26:15 / 57 09:39:10 / 54 10:37:36 / 49 11:24:05 / 49								
45	134	OMSZAŃSKI Marek	WARSZAWA	POL TRUCHT TARCHOMIN TEAM		81M2/25	(M)43 12:42:19	07.37
02:22:59 / 82 03:56:19 / 68 05:00:14 / 28 06:51:44 / 28 07:02:18 / 24 07:31:41 / 23 09:23:38 / 42 10:29:25 / 42 11:09:48 / 41								
46	402	MALINOWSKA-SYPEK	WARSZAWA	POL ENTRE.PL TEAM		72	(K)3 12:43:18	07.37
02:21:52 / 75 03:56:04 / 66 05:21:03 / 56 07:25:34 / 56 07:49:51 / 59 08:26:23 / 58 09:35:05 / 49 10:34:05 / 45 11:21:39 / 45								
47	316	SZOPA Marek	GORZÓW WLKP	POL NAUTILUS GORZÓW		74M2/26	(M)44 12:43:19	07.37
02:04:07 / 27 03:32:12 / 25 04:52:57 / 27 06:51:44 / 29 07:11:59 / 28 07:54:55 / 34 09:23:31 / 40 10:34:09 / 46 11:21:39 / 46								
48	389	SZASZ Norbert	BUDAPEST	HUN -		75M2/27	(M)45 12:45:24	07.38
02:15:27 / 55 03:47:56 / 53 05:28:25 / 67 07:28:48 / 62 07:49:42 / 58 08:26:13 / 56 09:40:00 / 55 10:40:06 / 53 11:24:56 / 50								
49	378	ROŹNOWSKI Dariusz	WARSZAWA	POL DRUŻYNA KAJETANA		70M3/7	(M)46 12:46:26	07.39
02:09:19 / 36 03:41:16 / 36 05:20:40 / 53 07:23:59 / 51 07:45:06 / 50 08:20:28 / 50 09:35:39 / 51 10:37:57 / 50 11:22:04 / 47								
50	24	BARTYZEL Marek	ZAWOJA	POL		76M2/28	(M)47 12:47:27	07.40
02:19:17 / 70 03:53:26 / 63 05:21:12 / 57 07:26:13 / 58 07:47:09 / 54 08:20:54 / 51 09:33:53 / 48 10:35:22 / 48 11:23:45 / 48								
51	26	DENEKA Jacek	WARSZAWA	POL		73M2/29	(M)48 12:51:19	07.42
02:26:03 / 91 04:00:45 / 74 05:31:19 / 72 07:33:31 / 63 07:53:35 / 64 08:29:48 / 61 09:40:36 / 56 10:40:20 / 54 11:26:20 / 52								
52	441	ZUGAJ Robert	KATOWICE	POL KRS TKKF JASTRZĄB RUDA ŚLĄSKA		78M2/30	(M)49 12:52:18	07.43
02:09:59 / 40 03:38:28 / 32 05:10:41 / 41 07:16:45 / 44 07:39:51 / 44 08:15:10 / 45 09:31:50 / 45 10:34:14 / 47 11:25:57 / 51								

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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	[min/km]
Check pts:								
53	116	ZABEL Robert	POZNAŃ	POL	WKS GRUNWALD POZNAŃ	77M2/31 (M)50	12:55:42	07.45
		02:23:24/84 03:58:22/72 05:27:44/64 07:28:00/61 07:50:27/61 08:25:48/53 09:39:01/53 10:53:12/57 11:39:33/58						
54	81	NIEDZWIEDZIŃSKI Rafał	ŁÓDŹ	POL	INOV-8	80M2/32 (M)51	12:58:42	07.47
		02:23:30/85 03:57:21/71 05:27:28/63 07:33:44/64 07:53:17/63 08:26:11/54 09:57:24/62 10:57:44/60 11:45:18/60						
55	83	GARMUS Mindaugas	KAUNAS	LTU		81M2/33 (M)52	12:59:13	07.47
		02:07:43/32 03:37:58/28 05:09:51/37 07:21:54/48 07:43:04/47 08:19:07/48 09:33:24/46 10:38:45/52 11:29:09/55						
56	84	LIEGUS Sarunas	ALYTUS	LTU	ALYTUS \ AUKURASI	70M3/8 (M)53	12:59:14	07.47
		02:07:41/31 03:38:01/29 05:09:52/38 07:21:54/47 07:43:05/48 08:19:05/47 09:33:24/47 10:40:26/55 11:29:08/53						
57	119	KONOPKA Sławek	CHELMIEC	POL	SKRZAT TEAM	73M2/34 (M)54	13:00:28	07.48
		02:22:40/79 04:03:26/82 05:32:54/74 07:42:42/73 08:03:41/72 08:38:40/65 09:55:09/60 10:56:59/59 11:42:41/59						
58	241	TUROSZ Iwona	LEŻAJSK	POL		90 (K)4	13:01:20	07.48
		02:18:02/67 03:52:26/62 05:21:02/55 07:25:12/53 07:47:18/55 08:19:25/49 09:35:41/52 10:42:07/56 11:32:28/56						
59	187	WOROSZYŁO Andrzej	ŁÓDŹ	POL	FAN-RUN TEAM & KB TP	69M3/9 (M)55	13:09:45	07.53
		02:45:55/199 04:20:42/131 05:46:54/92 07:44:24/76 08:07:04/75 08:44:42/72 09:57:29/63 10:57:45/61 11:45:18/61						
60	313	BLACHOWIAK Mariusz	LESZNO	POL	MARATON LESZNO	72M3/10 (M)56	13:12:32	07.55
		02:16:52/60 03:47:18/51 05:14:10/48 07:27:36/60 07:52:44/62 08:31:41/62 09:50:02/59 10:53:20/58 11:39:33/57						
61	352	POGORZELSKI Grzegorz		POL	DRUŻYNA SZPIKU	62M4/1 (M)57	13:13:14	07.55
		02:19:35/71 04:04:47/85 05:39:54/82 07:42:32/72 08:03:58/73 08:42:31/67 10:02:25/65 11:05:21/64 11:54:12/66						
62	440	ŁAKOMIEC Krzysztof	POZNAŃ	POL	ADIDAS TERREX TEAM	84M1/11 (M)58	13:14:15	07.56
		02:03:16/26 03:41:57/40 05:08:55/36 07:19:13/45 07:42:00/46 08:15:05/44 09:30:58/44 10:38:33/51 11:29:09/54						
63	385	TALAGA Marek		POL		81M2/35 (M)59	13:15:21	07.57
		02:37:31/145 04:11:50/100 05:43:26/86 07:48:02/80 08:13:54/82 08:59:12/86 10:10:49/76 11:12:00/68 11:51:47/63						
64	69	KRZEMIEN Paweł	MYŚLENICE	POL		85M1/12 (M)60	13:19:05	07.59
		02:19:14/69 03:51:28/60 05:31:37/73 07:33:53/65 08:00:58/65 08:44:06/71 10:02:07/64 11:07:15/67 11:54:05/65						
65	295	MAJCHRZAK Tymoteusz	KATOWICE	POL	PADEREWA	76M2/36 (M)61	13:22:29	08.01
		02:09:30/39 03:43:05/45 05:14:14/49 07:25:25/55 07:49:52/60 08:27:19/60 09:48:33/57 10:59:45/62 11:49:47/62						
66	155	ŚWIERCZYŃSKI Kacper	BIELAWY	POL	UNIWERSYTET EKONOMICZNY W POZNANIU	87M1/13 (M)62	13:24:25	08.02
		02:21:55/76 04:05:59/90 05:52:02/105 08:00:19/96 08:19:19/92 08:58:03/83 10:05:34/71 11:05:22/65 11:53:56/64						
67	204	RZEPKA Remigiusz	MIKOŁÓW - BUJAKÓW	POL		72M3/11 (M)63	13:24:26	08.02
		02:25:48/90 04:09:44/97 05:51:01/103 07:54:36/92 08:17:13/90 09:05:11/91 10:14:51/79 11:16:35/75 12:03:16/71						
68	296	CAPUTA Wojciech	LESZNO	POL		75M2/37 (M)64	13:27:59	08.04
		02:37:19/142 04:15:34/111 05:48:00/96 07:54:24/91 08:17:13/89 08:58:57/84 10:09:05/75 11:12:28/69 12:00:53/70						
69	198	KOZMIN Arkadiusz	BIELSKO-BIAŁA	POL	NUTREND TEAM	75M2/38 (M)65	13:30:38	08.06
		02:21:17/74 04:01:56/77 05:35:44/77 07:41:18/69 08:02:23/69 08:42:21/66 10:04:32/67 11:06:26/66 11:56:37/67						
70	593	HETMAŃSKI Adam	MÜLHEIM AN DER RUHR	POL	MARATHON MÜLHEIM / ENA-RUNNING-TEAM	70M3/12 (M)66	13:31:31	08.06
		02:24:52/88 04:01:32/76 05:35:59/80 07:44:52/77 08:12:49/78 08:47:43/73 10:04:22/66 11:14:43/73 12:04:37/73						
71	764	KONDRACKI Dariusz		POL		(M)67	13:33:14	08.07
		02:30:09/108 04:16:55/119 06:07:21/146 08:14:09/115 08:34:30/108 09:11:05/98 10:23:38/87 11:28:38/84 12:13:07/79						
72	212	LISIECKI Bartosz	POZNAŃ	POL		78M2/39 (M)68	13:33:50	08.08
		02:31:44/115 04:11:16/99 05:48:44/98 07:54:12/88 08:16:15/86 08:56:47/78 10:13:51/78 11:19:37/77 12:10:51/76						
73	102	GRZEGORCZYK Bartosz	PABIANICE	POL	FESTIWAL BIEGOWY KRYNICA/BRE.LOCUM	77M2/40 (M)69	13:33:51	08.08
		02:09:17/35 03:42:20/42 05:20:30/52 07:25:18/54 07:47:04/53 08:26:44/59 09:56:35/61 11:04:49/63 11:58:19/69						
74	23	ROMANOWSKI Łukasz	GDAŃSK	POL		82M2/41 (M)70	13:34:18	08.08
		02:17:42/63 03:50:18/56 05:23:49/60 07:39:27/67 08:02:14/67 08:43:47/69 10:05:32/70 11:12:52/72 12:04:38/74						
75	338	MOLSKI Kuba	SIECHNICE	POL		82M2/42 (M)71	13:34:35	08.08
		02:17:47/64 03:50:19/57 05:23:49/61 07:39:28/68 08:02:14/68 08:43:46/68 10:05:32/69 11:12:51/71 12:04:40/75						
76	10	RYŃIAK Mariusz	TYCHY	POL	40-LATEK TYCHY	75M2/43 (M)72	13:35:16	08.09
		02:27:08/96 04:05:41/88 05:42:04/84 07:49:37/82 08:13:34/80 08:48:51/74 10:06:27/72 11:14:44/74 12:04:32/72						
77	146	ŁASKARZEWSKI Jarosław	OLSZTYN	POL		67M3/13 (M)73	13:38:35	08.10
		02:33:25/122 04:15:04/110 05:53:50/108 08:03:20/98 08:24:33/97 09:06:29/96 10:18:21/84 11:24:56/79 12:11:45/78						
78	162	TUCZYŃSKI Maciej	RZESZÓW	POL	RZESZOWSKIE GAZELE I GEPARDY	84M1/14 (M)74	13:38:56	08.11
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79	202	NAJBERG Michał	WARSZAWA	POL	BYLEDOBIEC ANIN	82M2/44 (M)75	13:41:30	08.12
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80	225	KLICH Kamil		POL		78M2/45 (M)76	13:43:49	08.14
		02:27:25/99 04:09:43/95 05:45:46/90 07:54:13/89 08:16:14/85 08:56:49/79 10:17:00/83 11:25:01/80 12:16:55/82						
81	54	PECZSZAK Jakub	WARSZAWA	POL	KLUB WYSOKOGORSKI WARSZAWA - GCH	77M2/46 (M)77	13:47:38	08.16
		02:39:35/153 04:21:52/139 05:52:51/107 08:05:48/102 08:28:58/101 09:05:42/92 10:24:14/88 11:31:46/85 12:23:15/86						

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82	761	DĘBICKI Jerzy	NOWY SĄCZ	POL	SADECKA GRUPA BIEGOWA	71M3/14 (M)78	13:52:50	08.19
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83	136	PRZEDPEŁSKI Przemysław	WARSZAWA	POL		74M2/47 (M)79	13:55:43	08.21
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84	190	SZCZOTKA Paweł	WARSZAWA	POL		72M3/15 (M)80	13:56:21	08.21
02:26:20 / 94 04:05:19 / 87 05:43:25 / 85 07:52:52 / 85 08:16:14 / 84 08:56:42 / 77 10:20:43 / 86 11:34:32 / 88 12:25:09 / 87								
85	226	ĆWIEK Marcin	PIOTRKÓW	POL	MAPAMIRKRZY	74M2/48 (M)81	13:56:21	08.21
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86	152	SŁOWICZ Bartosz	GNIEZNO	POL	AL TOM GNIEZNO	73M2/49 (M)82	13:56:51	08.21
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87	194	ROLINSKI Wojciech	DĄBRÓWKA	POL		75M2/50 (M)83	13:58:39	08.22
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88	196	KĘSZKA Piotr	KALISZ	POL	-SUPERMARATON KALISZ	78M2/51 (M)84	13:59:20	08.23
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89	412	CHŁOPEK Kazimierz		POL		(M)85	14:01:38	08.24
02:42:39 / 175 04:31:03 / 173 06:02:50 / 130 08:15:42 / 118 08:38:53 / 115 09:13:24 / 103 10:32:45 / 96 11:40:23 / 93 12:33:25 / 99								
90	277	PROC Leszek	POZNAŃ	POL	KB MANIAC POZNAŃ	68M3/16 (M)86	14:04:00	08.25
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91	111	NOWAK Paweł	KALISZ	POL	-SUPERMARATON KALISZ	59M4/2 (M)87	14:04:16	08.26
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92	259	STEFANCZUK Waldemar		POL	URODZENI TRUCHTACZE	77M2/52 (M)88	14:04:17	08.26
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93	72	KONIK Grzegorz	PRZECISZÓW	POL		69M3/17 (M)89	14:04:34	08.26
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94	169	KAMELA Robert	WARSZAWA	POL	-NIEZRZESZONY	72M3/18 (M)90	14:08:16	08.28
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95	446	SALONI Jakub	WARSZAWA	POL		77M2/53 (M)91	14:09:40	08.29
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96	294	ATANASOW ANCEW Dawid	NOWY TARG	POL	WATAHA	71M3/19 (M)92	14:13:27	08.31
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97	431	TRZEMŻALSKI Maciej	KORCZYNA	POL	MAGAZYN GÓRSKI	68M3/20 (M)93	14:14:18	08.32
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98	368	PÓLTORAK Krzysztof	WARSZAWA	POL		77M2/54 (M)94	14:15:04	08.32
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99	450	KOSYK Alexander	KIEV	UKR		71M3/21 (M)95	14:15:47	08.33
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100	292	NASTALEK Tomasz	TOMASZÓW LUBELSKI	POL		68M3/22 (M)96	14:15:55	08.33
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101	31	LEŚNICKI Przemysław	NOWY TARG	POL		73M2/55 (M)97	14:16:04	08.33
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102	370	KORPAL Agnieszka		POL	POCO-LOCO.PL ADVENTURE TEAM	87 (K)5	14:16:04	08.33
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103	377	PAWLOWSKI Lukas	CZESTOCHOWA	POL	ZABIEGANI / PLANETA GÓR	79M2/56 (M)98	14:17:07	08.34
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104	75	KOS Maciej	PORABKA	POL	AZS AGH KRAKÓW	89M1/15 (M)99	14:18:12	08.34
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105	3	BINKOWSKI Waldemar	LESZNO	POL		63M3/23 (M)100	14:18:25	08.34
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106	32	ULOWSKI Jacek	ŁÓDŹ	POL	FAN-RUN TEAM	68M3/24 (M)101	14:19:03	08.35
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107	21	RUTA Tadeusz	ŁÓDŹ	POL		50M4/3 (M)102	14:19:04	08.35
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108	339	PYZIO Aleksander	GORLICE	POL		79M2/57 (M)103	14:19:08	08.35
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109	205	BARSZCZ Tomasz	GORLICE	POL		80M2/58 (M)104	14:19:08	08.35
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110	18	ZASADA Tomasz	KRAKÓW	POL	AZS AWF MASTERS KRAKÓW	71M3/25 (M)105	14:19:29	08.35
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Miejsce Rank	Nr Bib	Nazwisko i imię Name	Miejscowość City	Kraj Nat	Drużyna / Klub Team / Club	R-k W kategorii Grupy YoB in Age Group Sex	Wynik Time	[min/km]
Check pts:								
111	98	PŁONKA Piotr	JAWORZNO	POL	KB MCKIS JAWORZNO	64M3/26 (M)106	14:20:35	08.36
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112	113	KOŁDER Tomasz	CIESZYN	POL	PAKO TEAM CIESZYN	75M2/59 (M)107	14:21:01	08.36
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113	112	PAWLAS Lucjan	ZEBRZYDOWICE	POL	PAKO TEAM CIESZYN	75M2/60 (M)108	14:21:01	08.36
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114	177	ŁABA Dorota	BIELSKO-BIALA	POL		75 (K)6	14:21:45	08.36
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115	302	OLSZEWSKI Marcin	WARSZAWA	POL		73M2/61 (M)109	14:21:55	08.37
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116	304	GRABSKI Patryk	WARSZAWA	POL	POLARNYJ	81M2/62 (M)110	14:21:55	08.37
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117	437	BROŻEK Zygmunt	KRAKÓW	POL		61M4/4 (M)111	14:23:23	08.37
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118	37	PECKA Tomasz	JASŁO	POL	WZGÓRZA DYLEWSKIE TEAM	78M2/63 (M)112	14:27:25	08.40
02:27:35 / 102 04:02:02 / 78 05:43:52 / 88 08:03:14 / 97 08:25:21 / 98 09:10:05 / 97 10:44:35 / 106 11:54:26 / 110 12:50:52 / 115								
119	80	ŚMIETANA Andrzej	KATOWICE	POL		63M3/27 (M)113	14:27:43	08.40
02:31:02 / 112 04:16:52 / 116 05:57:40 / 120 08:18:39 / 125 08:42:09 / 122 09:27:52 / 124 10:54:42 / 117 12:02:23 / 117 12:56:26 / 122								
120	253	HAŁGAS Paweł	WAŁBRZYCH	POL	NSZZ POLICJANTÓW WAŁBRZYCH	86M1/16 (M)114	14:28:04	08.40
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121	424	SOSIŃSKI Grzegorz	GDAŃSK	POL		74M2/64 (M)115	14:28:04	08.40
02:42:20 / 168 04:25:07 / 144 06:04:31 / 137 08:16:41 / 122 08:39:37 / 116 09:32:02 / 129 10:57:54 / 123 12:03:43 / 119 12:55:59 / 117								
122	264	KRAUZE Tomasz	WORCŁAW	POL	WRATISLAVIA 2012	67M3/28 (M)116	14:29:28	08.41
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123	29	KORZAŃSKI Tomasz	KRAKÓW	POL	NIEZNAŃI SPRAWCY	80M2/65 (M)117	14:31:47	08.43
02:20:47 / 73 04:03:21 / 80 05:46:00 / 91 08:10:08 / 105 08:35:26 / 111 09:16:36 / 106 11:41:22 / 94 12:32:17 / 95								
124	265	PIOTRKOWSKI Jerzy	WROCŁAW	POL	WRATISLAVIA 2012	58M4/5 (M)118	14:35:16	08.45
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125	4903	MRÓZ Łukasz	CAROLINA MEDICAL	POL		86M1/17 (M)119	14:36:24	08.45
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126	104	KŁOPOTOWSKI Grzegorz	LWÓWEK ŚLĄSKI	POL		75M2/66 (M)120	14:38:34	08.46
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127	90	KOLAŃCZYK Paulina	WARSZAWA	POL	ALETEMPO	80 (K)7	14:41:30	08.48
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128	433	SUŁKOWSKA Anna	LIMANOWA	POL	NIEZRZESZONA	84 (K)8	14:41:33	08.48
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129	425	OTRZĄSEK Krzysztof	KATOWICE/WARSZAWA	POL	TRUCHT TARCHOMIN TEAM	82M2/67 (M)121	14:42:25	08.49
02:27:20 / 98 04:07:52 / 92 05:50:06 / 100 08:10:56 / 109 08:34:48 / 110 09:27:55 / 125 10:58:25 / 124 12:06:27 / 121 13:00:03 / 126								
130	360	MAKOWSKI Łukasz	GORLICE	POL	DZIKIE WIEPRZE - MARATON GORLICE	78M2/68 (M)122	14:43:27	08.49
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131	434	SUŁKOWSKI Andrzej	LIMANOWA	POL	NIEZRZESZONY	73M2/69 (M)123	14:43:34	08.49
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132	355	OWSIŃSKI Andrzej	WARSZAWA	POL	ACCELERATE	70M3/29 (M)124	14:43:35	08.49
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133	273	SURÓWKA Marcin	KRAKÓW	POL		90M1/18 (M)125	14:43:40	08.50
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134	4791	MARCZYK Klaudia	NOWY SĄCZ	POL	UKS OLIMPIA SADECZANIN	97 (K)9	14:43:54	08.50
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285	405	HOJDA Marek	WARSZAWA	POL		66M3/67 (M)267	16:54:33	10.08
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289	325	ZUBOWICZ Jakub	SEJNY	POL	ŻWAWĘ ŻUBRY	82M2/129 (M)269	17:06:23	10.15
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